Improving Bone Health and Falls Prevention
- a Federated General Practice Approach

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HPCA is an alliance of 14 GP Practices located in West Northumberland, a rural health economy with a population of 78,000. 23% of residents are aged 65+ and 6% are over 80.

Project Aim
To improve the health outcomes for patients at risk of fragility fracture and promote improvements in bone health through targeted case finding, effective treatment and medication compliance.

Through active case finding the project aims to both proactively manage high-risk patients for primary prevention of fragility fractures whilst also ensuring optimal navigation of treatment pathways for secondary prevention strategies.

Strategic Context
The annual cost of fragility fractures in the UK is £2.3bn. Increased rates of falling, and the severity of the consequences, are associated with growing older and the rising rate of falls is expected to continue as the population ages.

The opportunity cost savings of implementing a systematic fragility fracture prevention programme across Northumberland CCG could yield savings of ~£5.3m over a 5-year period based on reducing the current trend of hip fractures.

Project Progress Report (September 2014)

Projected financial benefit to date £93,467
Practice Audits Completed 46% (6/13)
Patients identified (baseline audit) 3365
Patients reviewed 1487
Therapy intervention 527

Project Sponsors